

Wristband Play Card Inserts

Fill in, cut out, slide into a QB wristband sleeve

My-Team Sports

my-teamsports.com

Standard youth wristband window is about 3.5 x 2.25 inches. Each card below is sized to fit. Number the plays to match your play sheet, so you call "12" and the QB reads play 12 off the wrist.

PLAY CARD	
1	2
3	4
5	6
7	8

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3	4
5	6
7	8

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